

## ***MARTYR QUADRATUS AND THOSE WITH HIM AT CORINTH***

During a persecution against Christians in the third century, a pious woman named Rufina fled from Corinth to a mountain. She gave birth to a son Quadratus and died soon afterward. The infant lived, nourished in a miraculous manner: a cloud appeared over him, dropping a sweet dew into his mouth.

Quadratus spent his youth in the wilderness. He chanced upon Christians, who enlightened him with the true Faith. He studied grammar and later learned the physician's art. He loved the wilderness solitude and spent most of his time in the hills, in prayer and meditation upon God. Friends and followers came to hear his instruction. Among them were Cyprian, Dionysius, Paul, Anectus, Crescens and many others.

By order of the emperor Decius (249-251), the military prefect Jason arrived at Corinth to torture and slay Christians. Since Quadratus was the eldest, he spoke for the rest. The saint bravely defended his faith in Christ; then they began the torture. Despite inhuman suffering, the saint encouraged the others, urging them not to be afraid and to stand firmly for the Faith.

Unable to persuade any of them to deny Christ, Jason ordered the martyrs to be thrown to wild beasts to be torn apart. But the beasts did not touch them. So they tied the saints to chariots by their feet and dragged them through the city, and many of the crowd threw stones at them. Finally, they condemned the martyrs to beheading by the sword. At the place of execution, the martyrs requested a certain time to pray, and then one after the other they bent their necks beneath the sword.

The remaining disciples of St. Quadratus also suffered for Christ: Dionysius (another one) was stabbed in the night; Victor, Victorinus, and Nicephorus were crushed in a large stone press; Claudius's hands and feet were cut off; Diodorus was thrown into a fire; Serapion was decapitated; Papias and Leonidas were drowned in the sea. Imitating the men, many holy women also went voluntarily to suffer for Christ.



***HOLY TRINITY ORTHODOX CHURCH  
6822 BROADVIEW ROAD  
PARMA, OHIO 44134***

# THE TRINITARIAN

Published Weekly by the

HOLY TRINITY ORTHODOX CHRISTIAN CHURCH

6822 BROADVIEW ROAD, PARMA, OHIO 44134

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V. REV. ALEXANDER GARKLAVS, PASTOR

Divine Liturgy at 9:00 A.M.  
Church School Every Sunday at 10:45 A.M.  
(During the Months of September thru May)

Vespers - Every Saturday - 5:00 P.M.  
Choir Rehearsals Every Thursday at 7:30 P.M.  
Michael N. Pilat, Choir Director

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BULLETIN 19 - VOLUME LVI

TONE 8

MARCH 10, 2019

## CHEESEFARE SUNDAY

### THE EXPULSION OF ADAM FROM PARADISE

*Martyr Quadratus and those with him: Cyprian, Dionysius, Anectus, Paul, Crescens, Dionysius, Victorinus, Victor, Nicephorus, Claudius, Diodorus, Serapion, Papias, Leonidas, Chariessa, Nunechia, Basilissa, Nice, Galla, Galina, Theodora, and many others at Corinth; Martyrs Quadratus, Saturninus, Rufinus, and the rest, of Nicomedia; St. Athanasius the Patrician, of Alexandria*

“In our wretchedness, O Lord, we have disobeyed Your commandments, only to find ourselves stripped of glory and banished in shame from the joy of Paradise. Justly have we been deprived of all Your blessings, but in Your mercy and compassion, by the Theotokos, enlighten us and save us.”  
Exapostilarion, Tone III

TODAY'S EPISTLE: ROMANS 13:11-14:4

TODAY'S GOSPEL: MATTHEW 6:14-21

### HOLY WORSHIP THIS WEEK:

Today, March 10	5:00 p.m. Forgiveness Sunday Vespers
Monday, March 11	9:00 a.m. Lenten Hours
	6:00 p.m. Great Canon
Tuesday, March 12	9:00 a.m. Lenten Hours
	6:00 p.m. Great Canon
Wednesday, March 13	9:00 a.m. Presanctified Liturgy
	6:00 p.m. Great Canon
Thursday, March 14	6:00 p.m. Great Canon
Friday, March 15	6:00 p.m. Presanctified Liturgy
Saturday, March 16	5:00 p.m. Great Vespers

### Daily Scripture Readings

Monday, March 11	Isaiah 1:1-20	Genesis 1:1-13	Proverbs 1:1-20
Tuesday, March 12	Isaiah 1:19-2:3	Genesis 1:14-23	Proverbs 1:20-33
Wednesday, March 13	Isaiah 2:3-11	Genesis 1:24-2:3	Proverbs 2:1-22
Thursday, March 14	Isaiah 2:11-21	Genesis 2:4-19	Proverbs 3:1-18
Friday, March 15	Isaiah 3:1-14	Genesis 2:20-3:20	Proverbs 3:19-34
Saturday, March 16 (St. Theodore)	Hebrews 1:1-12 II Timothy 2:1-10		Mark 2:23-3:5 John 15:17-16:2

**ORTHODOX CHRISTIAN CHURCH OF THE HOLY TRINITY**

**COMING EVENTS**

**MARCH:**

- 11, Monday            Beginning of Great Lent
- 17, Sunday            11:00 a.m. Parish Council meeting  
5:00 p.m. Sunday of Orthodoxy Vespers at Archangel Michael Church
- 20, Wednesday      Soup Supper following Presanctified Liturgy
- 27, Wednesday      Soup Supper following Presanctified Liturgy
- 31, Sunday            11:00 a.m-noon HTOC Church School SPIRITUAL HOSPITAL

**LENTEN CONFESSIONS:**

Father Alexander will offer time for private confessions this coming week on Wednesday, 3/13, at 8:00 a.m.; Friday, 3/15, at 4:30 p.m.; Saturday, 3/16, at 4:00 p.m. and after Vespers. If you need special arrangements, please call Father Alexander.

**THE SPIRITUAL HOSPITAL:**

Save the date: On Sunday, March 31, the Church School children of Holy Trinity will present a one-day exhibition of the “**Spiritual Hospital.**” The Spiritual Hospital is not your typical hospital. Here, one can find healing for all ailments — even ailments we don’t know we have. Plan to visit this unique triage unit carefully prepared and presented by our young parishioners. The hospital will be open for you to visit during coffee hour.

Visiting Hours: Sunday, March 31, 11:00 a.m.—noon.

**FLOWERS:**

The flowers today are offered anonymously.

**COFFEE HOUR:**

Thank you to Table 1 for today’s refreshments!

**SUNDAY OF ORTHODOXY VESPERS:**

The Orthodox community will celebrate the Sunday of Orthodoxy—the first Sunday of Lent— with a Vespers service at Archangel Michael Church, March 17, 5:00 p.m. Fr. Joseph, Abbot of St. Gregory Palamas Monastery will give the homily. Patronage for the booklet is being requested, with the donations supporting local Orthodox charities. Forms were in last week’s Trinitarian and are also available in the Fellowship Hall.

**ST. ELIZABETH BOOK CIRCLE:**

The Book Circle will meet Monday, April 8, at 12:30 p.m. We are reading the chapter on Spiritual Struggle in Wounded By Love, pages 134-157. All are welcome.

**GREETERS:**

We are looking for new people to become greeters. If you are interested, contact Alex Cundik at 440-877-1980, or [ajcundik@cox.net](mailto:ajcundik@cox.net)

**TRINITARIAN COVERS:**

The covers are offered by Gene and Barbara Filipow.

The Lord bestows such grace on His chosen that they embrace the whole earth, the whole world, with their love, and their souls burn with longing that all men should be saved and behold the glory of the Lord.

Blessed is the soul that loves her brother, for *our brother is our life.*

Starets Silouan of Mount Athos

**THE GIFTS WE OFFER TO THE LORD WE LOVE**

REGULAR COLLECTION, MARCH 3	\$ 3734.00
CHURCH ADMINISTRATION ASSESSMENT	1050.00
BUILDING FUND	245.00
MORTGAGE FUND	205.00
CANDLES	127.00
DEANERY	53.00
ORTHODOX MISSIONS	5.00
IN MEMORY OF ANNE KRAFCIK	25.00
2/24 COFFEE HOUR	82.00

**THE GREAT CANON**

As seasons come and phases go,  
At Spring's revealing Christians grow,  
The most inspiring time of year,  
How glorious that Lent is here!

A hundred Lents would only be  
A seeming moment in eternity,  
For every year it's always new,  
Restoring us as pure and true.

A sanctified, most cherished time,  
For stagnant souls to rise sublime,  
To think of silence as a precious thing,  
And the comfort that true fasting brings.

Wake up, O soul! You've been asleep,  
Now here are things you need to keep,  
The golden wisdom of the ages,  
In Tradition and the Bible pages.

In opening my eyes and ears,  
And Ephrem's prayer said with tears,  
I heed my judgement, Oh my soul!  
And ask myself, "What is my goal?"

The child I was, was meant to be  
Not the man who lost the key,  
But doors are opened during Lent,  
When in contrition one repents.

My whole being, life and dreams  
Are only worth what I redeem,  
The lost, imperfect, simple "me,"  
Is made whole on bended knee.

"O Lord, I know, for nothing's hidden,  
I've sinned in doing things forbidden,  
Purify my soul and mind within,  
Restore good hope, forgive my sins."

So now, my soul, let's make a start,  
And heal the desiccated heart,  
Let's get to Church, not hesitate,  
And hear the Canon we call "Great."

Great lessons there from holy guides,  
Show how humility instead of pride  
Engenders love by not demanding  
A peace that passes understanding.

*Fr. Alexander Garklaus*