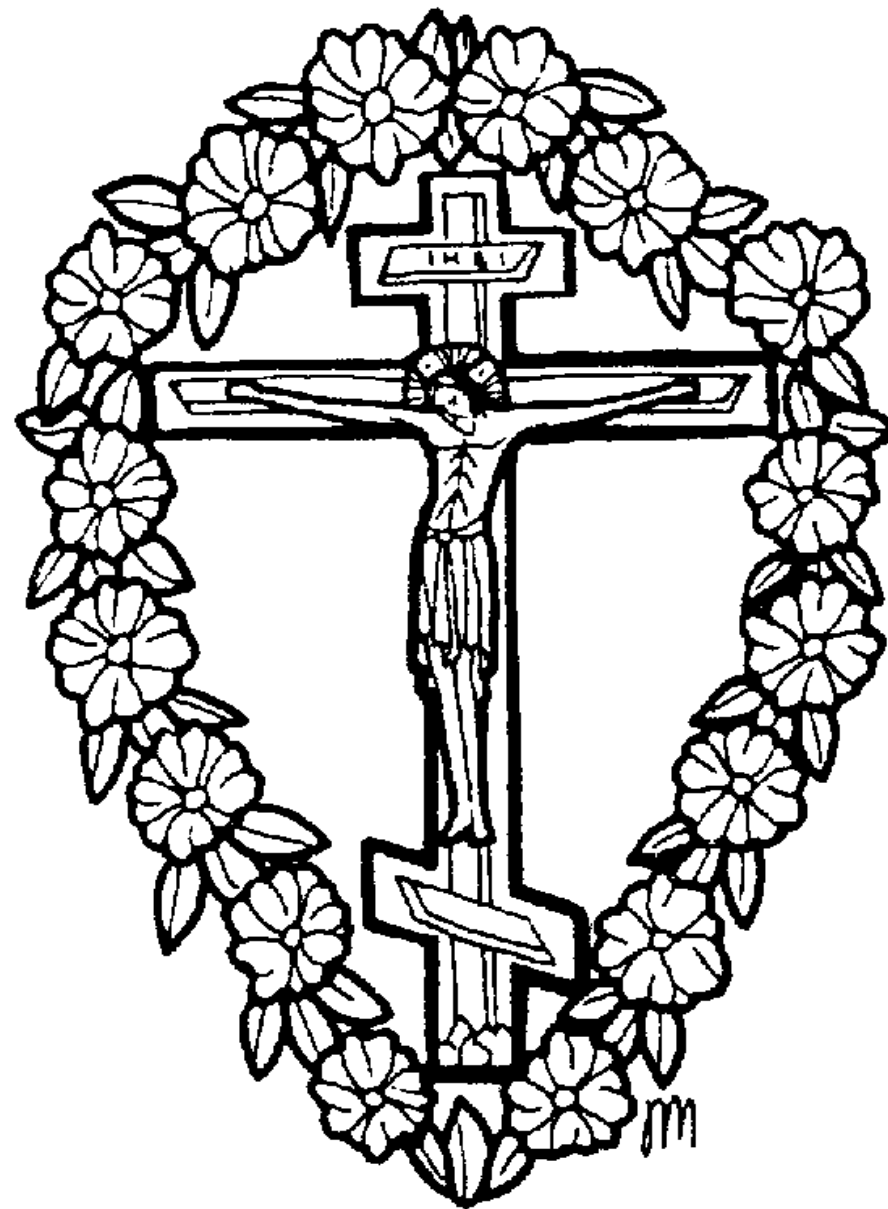


*I beseech You, O God,
send me help from Your highest heavens
so that I may keep afar from my heart
every evil intention and every carnal wish.
Do not cast me, Lord, from Your protection
lest my adversary find me
and trample upon me just as he desires,
destroying me utterly.
It is You who grants repentance and a sorrowing heart
to the sinner who repents;
in this way
You ease his heart of the weight of sin
that is laid upon it,
thanks to the comfort which comes from sorrowing
and from the gift of tears.*

St. Isaac of Nineveh



**HOLY TRINITY ORTHODOX CHURCH
6822 BROADVIEW ROAD
PARMA, OHIO 44134**

THE TRINITARIAN

Published Weekly by the

HOLY TRINITY ORTHODOX CHRISTIAN CHURCH

6822 BROADVIEW ROAD, PARMA, OHIO 44134

CHURCH OFFICE PHONE: 216-524-4859

CHURCH WEBSITE: <http://www.holy-trin.org>

V. REV. ALEXANDER GARKLAVS, PASTOR

Divine Liturgy at 9:00 A.M.
Church School Every Sunday at 10:45 A.M.
(During the Months of September thru May)

Vespers - Every Saturday - 5:00 P.M.
Choir Rehearsals Every Thursday at 7:30 P.M.
Michael N. Pilat, Choir Director

RECTORY: 963 John Glenn Drive, Seven Hills, Ohio 44131 Phone 216-524-8989

BULLETIN 22 - VOLUME LVI

TONE 3

MARCH 31, 2019

THIRD SUNDAY OF LENT VENERATION OF THE CROSS

*Rest of St. Innocent, Metropolitan of Moscow; Enlightener of the Aleuts and Apostle to the Americas;
St. Hypatius the Wonderworker, Bishop of Gangra;
Ven. Apollonius, Ascetic, of Egypt; Hieromartyr Abdas, Bishop of Persia, and Martyr Benjamin the Deacon;
Ven. Hypatius, Abbot of Rufinus in Chalcedon; Ven. Ipátii the Healer, of the Kiev Caves;
Rest of St. Jonah, Metropolitan of Moscow and All Russia;
Appearance of the "IVERON" Icon of the Most Holy Theotokos*

"Today, the precious cross of Christ is placed before us. In worship let us fall before it and rejoice in faith. With love let us greet Him who freely gave His life thereon, that He may find us worthy of adoring His passion and reaching the resurrection, free of condemnation."

Exapostilarion, Tone II

"In response to the grace of the Holy Spirit, O holy father, Innocent, you bravely went forth to bring the good news to a multitude of peoples. The heavenly powers themselves were amazed by your zeal, for you persevered in the face of dangers and hardships of every kind. Thus, by the purity and goodness that shone forth from you, God Himself led many to embrace the faith. Beg Christ, our God, to save our souls."

Troparion, Tone IV

TODAY'S EPISTLE: HEBREWS 4:14-5:6

TODAY'S GOSPEL: MARK 8:34-9:1

HOLY WORSHIP THIS WEEK:

Today, March 31	10:45 a.m. One-Year Memorial Service for Harry Flewelling
	5:00 p.m. Deanery Mission Service at HTOC
Wednesday, April 3	6:00 p.m. Presanctified Liturgy
Friday, April 5	9:00 a.m. Presanctified Liturgy
Saturday, April 6	5:00 p.m. Great Vespers

Daily Scripture Readings

Monday, April 1 (St. Innocent)	Isaiah 14:24-32 Hebrews 7:26-8:2	Genesis 8:21-9:7 John 10:9-16	Proverbs 11:19-12:6
Tuesday, April 2	Isaiah 25:1-9	Genesis 9:8-17	Proverbs 12:8-22
Wednesday, April 3	Isaiah 26:21-27:9	Genesis 9:18-10:1	Proverbs 12:23-13:9
Thursday, April 4	Isaiah 28:14-22	Genesis 10:32-11:9	Proverbs 13:19-14:6
Friday, April 5	Isaiah 29:13-23	Genesis 12:1-7	Proverbs 14:15-26
Saturday, April 6 (Departed)	Hebrews 6:9-12 I Corinthians 15:47-57	Mark 7:31-37 John 5:24-30	

COMING EVENTS

MARCH:

31, TODAY 11:00 a.m.-noon HTOC Church School SPIRITUAL HOSPITAL
5:00 p.m. Deanery Mission Service at HTOC

APRIL:

5, 6 Retreat at St. Innocent Church
8, Monday 12:30 p.m. St. Elizabeth Book Circle
10, Wednesday Soup Supper following Presanctified Liturgy
13, Saturday 3:00 p.m. First Confession Class
14, Sunday 11:15 a.m. Parish Council meeting

Later this Sunday afternoon, our parish will be hosting the Cleveland Deanery Lenten Mission Service in our Church. We welcome Deanery clergy and brothers and sisters from our neighboring Deanery parishes for the Akathist to the Holy Cross, at 5:00 p.m. Lenten refreshments will be served after the service.

LENTEN CONFESSIONS:

Father Alexander will offer time for private confessions this coming week on Wednesday, 4/3, 4:00-6:00 p.m.; Friday, 4/5, 8:00-9:00 a.m.; Saturday, 4/6, 4:00-5:00 p.m. and after Vespers. If you need special arrangements, please call Father Alexander.

THE SPIRITUAL HOSPITAL:

Today the Church School children of Holy Trinity will present a one-day exhibition of the “**Spiritual Hospital.**” The Spiritual Hospital is not your typical hospital. Here, one can find healing for all ailments — even ailments we don’t know we have. Plan to visit this unique triage unit carefully prepared and presented by our young parishioners; they have worked diligently on this project throughout the School year. Everyone is invited and encourage to visit during Coffee Hour.
Visiting Hours: Sunday, March 31, 11:00 a.m.—noon.

ST. HERMAN’S HOUSE VIDEO:

St. Herman’s House of Hospitality has produced a very nice short video featuring their important ministry in Cleveland. It is on YouTube at this location:
<https://youtu.be/YhYsJBILPJU>

SAVE THE DATE:

We need people to save good used items for a Rummage Sale on May 17 & 18. More details will follow in coming weeks. Contact Alex Cundik with questions (440-877-1980; ajcundik@cox.net).

SOUP SUPPERS:

We welcome all to our Wednesday evening Soup Suppers after Presanctified Liturgies. There is a sign-up sheet in the Hall if you can donate soup or funds.

LA COUPOLE:

Visit La Coupole to see new items for sale, including Pascha basket covers and First Confession cards created by Dn. Anthony and Dianna Kall and Fr. Yves. Pascha greeting cards, egg wraps and pysanky are also available.

LENTEN RETREAT:

St. Innocent Church invites all to a free retreat April 5 & 6; Friday is 7:00-8:30 p.m. and Saturday is 9:00 a.m.-noon. Dr. Nicole Roccas will speak on “Despondency and Great Lent.” Details are in the Hall.

ST. ELIZABETH BOOK CIRCLE:

The Book Circle will meet Monday, April 8, at 12:30 p.m. We are reading the chapter on Spiritual Struggle in Wounded By Love, pages 134-157.

FLOWERS:

The flowers for the Veneration of the Cross are donated by Sophie Lynk in memory of her husband Bill.

COFFEE HOUR:

Thank you to our hosts today—the Flewelling, Stefanar, Howe and Table 5 Families.

ORTHODOX CHRISTIAN CHURCH OF THE HOLY TRINITY

Bulletin 22 – Volume LVI

March 31, 2019

JESUS THE KING OF GLORY

“Be lifted up, O ancient doors, that the King of Glory may enter.”
(Psalm 24:9)

“The inscription of the charge against Him read, ‘The King of the Jews.’”
(Mark 15:25)

The four Gospels end with the Passion of Christ. He is executed in the most vile, degrading way a human being – and particularly a Jew – can possibly die: outside the walls of Jerusalem, at the hands of the Gentiles, among thieves, rejected by people, abandoned by everyone. This is what the King does: He gives His life for His people, and all human beings are His people.

In the Passion narratives, the theme of kingship becomes specific. At the Last Supper before the Passion, Jesus speaks about not eating and drinking again with His disciples until they eat and drink again in the Kingdom of God, when the Kingdom comes (Matthew 26:29). Jesus is put to death for claiming to be a king. They mock Him as a king, putting a crown of thorns on His head and clothing Him in a purple cloak. They ridicule and shame Him, saying He is claiming to be a king.

So He is killed as a king. This is fitting and proper, because a king must do two things. He must be ready to sacrifice Himself unto death for His people. Also – and this is the whole point of being a king – He must destroy the people’s enemies. The enemies of God are not the nations; they are not people. The enemies of God are sin, not the sinners. The King gives His life for the sinners. The enemies that Christ as King has to destroy are sin, disease, injustice, impurity, and evil. As the Apostle Paul says, “The last enemy to be destroyed is death (I Corinthians 15:26). The King has to die, because that is how He is victorious. This is the gospel.

The King destroys the enemies, and destroys them by dying, as in the words of the Paschal troparion: “Christ is risen from the dead, trampling down death by death, and upon those in the tomb bestowing life.” This theme is also expressed in the Paschal psalm, “Let God arise; let His enemies be scattered. Let those who hate Him flee from before His face” (Psalm 68:1). He rises from the dead. As the prokeimenon for Holy Saturday says, “Arise, O Lord, and judge the earth” (Psalm 82:8). Arise, O Lord, and be enthroned at the right hand of the Father. Jesus of Nazareth is the King, the Son of David who sits upon the throne forever, but that King is the Son of God who has become human in order to die for His subjects, to be raised and glorified, and to sit together on His throne with His Father, as He did from the foundation of the world.

This is the Christian worldview. God’s Son, the Lord, the Christ, has to be King, and the King has to be the Savior. These various names and titles express the same reality. God is our King before the ages. He has established salvation in the midst of the earth. But He makes that salvation in the Person of His Son, who has become Mary’s child, Jesus of Nazareth, and He is the King.

From The Names of Jesus by Fr. Thomas Hopko

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VERY REVEREND ALEXANDER GARKLAVS

APRIL 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 6:00 p.m. Presanctified Liturgy Soup Supper	4	5 9:00 a.m. Presanctified Liturgy	6 5:00 p.m. Great Vespers
7 4th Sunday of Great Lent St. John Climacus	8 12:30 p.m. St. Elizabeth Book Circle	9	10 6:00 p.m. Presanctified Liturgy Soup Supper	11 9:00 a.m. Matins - Great Canon	12 6:00 p.m. Akathist to the Theotokos	13 9:00 a.m. Divine Liturgy 3:00 p.m. First Confession Class 5:00 p.m. Great Vespers
14 5th Sunday of Great Lent St. Mary of Egypt 11:15 a.m. Parish Council meeting	15	16	17 6:00 p.m. Presanctified Liturgy Soup Supper	18	19 9:00 a.m. Presanctified Liturgy 6:00 p.m. Preparation of Palms	20 Lazarus Saturday 9:00 a.m. Divine Liturgy 5:00 p.m. Vigil
21 Entry of our Lord into Jerusalem 5:00 p.m. Bridegroom Matins	22 Great and Holy Monday 6:00 p.m. Bridegroom Matins	23 Great and Holy Tuesday 9:00 a.m. Presanctified Liturgy 6:00 p.m. Bridegroom Matins	24 Great and Holy Wednesday 9:00 a.m. Presanctified Liturgy 6:00 Matins with Anointing	25 Great and Holy Thursday 9:00 a.m. Divine Liturgy 6:00 Matins with 12 Passion Gospels	26 Great and Holy Friday 9:00 a.m. Royal Hours 3:00 p.m. Vespers with Entombment 7:00 Matins	27 Great and Holy Saturday Noon Divine Liturgy 11:15 p.m. Nocturnes, Paschal Matins Liturgy Blsg. of Baskets
28 HOLY PASCHA Paschal Vespers at Noon No Church School classes	29 9:00 a.m. Divine Liturgy T H I S I S A F A S T -	30				F R E E W E E K .