

***HIEROMARTYR PHOCAS,  
BISHOP OF SINOPE***

Hieromartyr Phocas was born in the city of Sinopè. From youth he led a virtuous Christian life, and in his adult years he became Bishop of Sinopè. Saint Phocas converted many pagans to faith in Christ. At the time of a persecution against Christians under the emperor Trajan (98-117), the governor demanded that the saint renounce Christ. After fierce torture, they enclosed St. Phocas in a hot bath, where he died a martyr's death in the year 117.

In the year 404, the relics of the saint were transferred to Constantinople (July 22).

The Hieromartyr Phocas is especially venerated as a defender against fires, and also as a helper of the drowning.

**[www.oca.org](http://www.oca.org)**



***HIEROMARTYR PHOCAS, BISHOP OF SINOPE***

***HOLY TRINITY ORTHODOX CHURCH  
6822 BROADVIEW ROAD  
PARMA, OHIO 44134***

# THE TRINITARIAN

Published Weekly by the

HOLY TRINITY ORTHODOX CHRISTIAN CHURCH

6822 BROADVIEW ROAD, PARMA, OHIO 44134

CHURCH OFFICE PHONE: 216-524-4859

CHURCH WEBSITE: <http://www.holy-trin.org>

V. REV. ALEXANDER GARKLAVS, PASTOR

Divine Liturgy at 9:00 A.M.  
Church School Every Sunday at 10:45 A.M.  
(During the Months of September thru May)

Vespers - Every Saturday - 5:00 P.M.  
Choir Rehearsals Every Thursday at 7:30 P.M.  
Michael N. Pilat, Choir Director

RECTORY: 963 John Glenn Drive, Seven Hills, Ohio 44131 Phone 216-524-8989

BULLETIN 47 - VOLUME LVI

TONE 5

SEPTEMBER 22, 2019

## FOURTEENTH SUNDAY AFTER PENTECOST

*The Hieromartyr Phocas, Bishop of Sinopè*

*Prophet Jonah; St. Peter the Tax-collector;*

*St. Jonah the Presbyter, father of Sts. Theophanes the Hymnographer and Theodore Graptus;*

*Martyr Phocas the Gardener, of Sinopè; Ven. Jonah, Abbot of Yashezérsk;*

*Bl. Paraskéva of Divyévo; Hieromartyr Teodosie of Brazi*

“By sharing in the way of the Apostles, you became a successor to their throne. Through the practice of virtue, you found the way to divine contemplation, O inspired one of God; by teaching the word of truth without error, you defended the Faith, even to the shedding of your blood. Hieromartyr Phocas, entreat Christ God to save our souls.”

Troparion, Tone IV

“In accepting the call from on high to be a prophet of the Lord, O holy Jonah, you were ready even to be swallowed by a whale in fulfillment of the divine plan. And by coming forth from the fish after three days, you prefigured the Resurrection of the Word. Therefore, we honor you as a marvelous type of the Redeemer, for you reveal to us the mystery of God’s love for all mankind.”

Troparion, Tone III

TODAY’S EPISTLE: II CORINTHIANS 1:21-2:4

TODAY’S GOSPEL: LUKE 5:1-11

### HOLY WORSHIP THIS WEEK:

Saturday, September 28

11:00 a.m. Wedding of Alison Gardner and Brett Buck

2:00 p.m. Wedding of Adrienne Hatch and Andrew McChesney

5:00 p.m. Great Vespers

### Daily Scripture Readings

Monday, September 23  
(Forerunner)

Galatians 2:11-16

Luke 4:37-44

Tuesday, September 24  
(New Martyrs)

Galatians 4:22-31

Luke 1:5-25

Wednesday, September 25

Galatians 2:21-3:7

Luke 5:12-16

Thursday, September 26

Romans 8:28-39

Luke 21:12-19

Friday, September 27

Galatians 5:22-6:2

Luke 6:17-23

Saturday, September 28

I John 4:12-19

John 19:25-27; 21:24-25

Galatians 3:15-22

Luke 5:33-39

Galatians 3:23-4:5

Luke 6:12-19

Galatians 4:8-21

Luke 6:17-23

I Corinthians 4:17-5:5

Luke 5:17-26

II Corinthians 4:6-15

Luke 6:17-23

**ORTHODOX CHRISTIAN CHURCH OF THE HOLY TRINITY**

**COMING EVENTS**

**SEPTEMBER:**

- 22, TODAY 10:45 a.m. Women’s Accessory Boutique
- 23, Monday Cooking for St. Herman’s House
- 25, Wednesday Serving dinner at St. Herman’s House
- 26, Thursday 6:30 p.m. Lecture by Fr. Alexander at St. Michael’s Woodside

**BOUTIQUE:**

Please stop the boutique in our Fellowship Hall of women's gently-used purses and accessories!

**10th ANNUAL FR. PRISLOPSKY LECTURE:**

Fr. Alexander will be the guest speaker at the annual lecture hosted by Archangel Michael Church. The topic is “Orthodox Worship as Affirmation, Inspiration & Salvation;” and the event is Thursday, Sept. 26. Dinner is at 6:30; the lecture is at 7:00. Cost is \$10, which will be collected at the door. RSVP by Sept. 24 to 440-526-5192 or info@stmichaelscleveland.org

**ST. ELIZABETH BOOK CIRCLE:**

The Book Circle will meet Monday, October 14, at 12:30 p.m. We are reading the chapters on Creation and on Illness—pages 218-231—in Wounded By Love. All are welcome.

**ORTHODOX SINGLES GROUP:**

A Singles Group will form and meet on Sunday, October 13, St. Matthew Church, during coffee hour, following the Divine Liturgy. The church is located at 10383 Albion; North Royalton.

**HELP WANTED:**

ZOE for Life! is looking for a part-time secretary/executive assistant. Hours are extremely flexible and will range from 4 to 8 hours per week. Pay is negotiable depending on candidate’s skills. Applicants must support the mission of ZOE for Life! To apply, email resume to: paulamk@roadrunner.com

**MEATLOAF LUNCHEON:**

HTOC will host a Meatloaf Luncheon on Sunday, November 3, to raise funds and awareness of our monthly meal outreach at St. Herman’s House of Hospitality. For luncheon details, see Jewelann Stefanar. A basket auction is planned, and donations are needed. Gift cards for local restaurants and grocery stores are popular. To help, contact Dianna Kall: dkall@ameritech.net or 216-741-2888.

**ORTHODOX LEADERSHIP CONFERENCE:**

“Thy Will Be Done: Strategic Leadership, Planning and Management for Christians” is the theme of a conference to be held Oct. 10-12 at the Crowne Plaza Hotel in Independence. Workshops are aimed at clergy and lay leaders within the Church and in secular business roles. See the flier in the Hall.

**COFFEE HOUR:**

Thank you to Table One for preparing and serving our refreshments today.  
\*\*\*\* Volunteers are still needed for Sept. 29!

**FLOWERS:**

The flowers today are offered by Helen Stoyka and Marge Sabol in memory of John Stoyka, Jr.  
There are still dates available for flowers. A sign-up sheet is in the Fellowship Hall. The cost is \$10; please pay Mary Ann Schmidt.

**TRINITARIAN COVERS:**

The covers today are offered by Helen Kling.

**THE GIFTS WE OFFER TO THE LORD WE LOVE**

REGULAR COLLECTION, SEPTEMBER 15	\$ 4615.00
CHURCH ADMINISTRATION ASSESSMENT	462.00
BUILDING FUND	194.00
MORTGAGE FUND	45.00
CANDLES	150.00
COFFEE HOUR, 9/8/19	98.00

**NEW “DIVINE LITURGY” BOOKS -  
INTRODUCTORY NOTES**

This weekend we are making available a new “Divine Liturgy” book “for Congregational use.” This has been in preparation and production status for some time, and so it is with some excitement that we are inaugurating its appearance in the pews of our church. Understandably, they are there for everyone to use in church freely during the services but not to take them home. Copies of the book will be available for purchase in La Coupole, which can be beneficial for use at home when one is unable to attend the Divine Liturgy in church.

What should be noted first of all is that this book was made for the parishioners and people who worship at the Divine Liturgy services **at our parish**. That is not to say that the service in our church is not the same as Divine Liturgies in other Orthodox parishes. In fact, the substance of the Orthodox Liturgy is something that all Orthodox Churches throughout the world share together. But it is also true that among parishes and churches there are certain unique features of worship which differ depending on regions and local traditions. One of these differences is the practice of reading or not reading aloud the so-called “silent prayers.” These prayers are important parts of the Divine Liturgy and in centuries past were, as the name implies, read silently by the clergy. The current liturgical tradition in many Orthodox Churches is to read them aloud so as to increase the meaning and appreciation of the divine services. In this edition, the silent prayers are in italics; and observant users of the book will notice that our parish practice is to read many, but not all of them, aloud.

This book is for the Divine Liturgy as the service is done every Sunday, on Feast Days and other occasions throughout the year. Included are both of the two forms of the service – the most common one of St. John Chrysostom and the Liturgy of St. Basil the Great, done on Sundays of Great Lent and on some other days. The distinctions between the two are clearly marked, and users will quickly adapt to differentiating one from the other. Because it is done only once every several years, we have not included the unique elements that are done when a bishop is celebrating the Divine Liturgy. The book also does not contain the text of the Lenten Presanctified Liturgies, booklets of which are readily available during Great Lent.

The basic structure of the Orthodox Divine Liturgy consists of three, interacting components: priest, deacon, people. The titles of these three – priest, deacon, people – are highlighted in red ink; their respective petitions, exclamations and responses are in black. In our parish, as in most parishes, the parts designated for the “People” are sung and done by singers in the choir. But “People” is used consistently in this book because our purpose is precisely to promote and cultivate participation of the laity, the “People,” in the Divine Liturgy.

The Proskomedia, the short separate service done by the Priest in the sanctuary prior to the beginning of the Divine Liturgy, is not included. This is the ritual preparation of holy bread and wine which will become the Holy Eucharist during the Divine Liturgy. For several years now in our parish we have done the Proskomedia openly, on the side in the nave to allow people to witness and participate in it. This practice goes hand in hand with the overarching pastoral tradition at Holy Trinity Church to make possible as much as can be a deep appreciation of the great treasure that is ours to know and love, the Divine Liturgy.

*Fr. Alexander Garklaus*