

## VENERABLE ONUPHRIUS THE GREAT

St. Paphnutius, an ascetic in the Thebaid desert, traveled to find other monks, and he left an account of Ven. Onuphrius: On his 17th day, he reached a hilly place and sat down to rest. He caught sight of a man approaching him, covered with white hair, his loins girded with leaves of desert plants; the man sat at the foot of the hill and called St. Paphnutius to come down.

St. Onuphrius had lived in complete isolation in the wilds for 60 years. In his youth he had been raised at the Eratus monastery, near Hermopolis. Having learned from the Holy Fathers about the hardships and lofty life of the desert-dwellers, he longed to imitate them. He left the monastery in the middle of the night and saw a brilliant ray of light before him; the voice of his Guardian Angel told him to go into the desert to serve the Lord.

After walking about seven miles, he saw a cave. At that moment, the ray of light vanished. In the cave was an old man. St. Onuphrius stayed with him to learn of his life and his struggle with demonic temptations. When the Elder was convinced that St. Onuphrius had been enlightened somewhat, he led him to another cave and left him there to struggle for the Lord, visiting him once a year, until the Elder fell asleep in the Lord.

At the request of St. Paphnutius, St. Onuphrius told of his labors and ascetic feats, of how the Lord had cared for him. Near the cave where he lived was a date-palm tree, and a spring of water issued forth. Twelve branches of the tree bore fruit each month in succession, so the monk had food and drink. The shade of the tree sheltered him. An angel brought Holy Communion to the saint each Saturday and Sunday.

The monks conversed until evening, when St. Paphnutius noticed a loaf of bread and vessel of water sitting between them. After eating, the Elders spent the night in prayer. At the morning hymns, the face of Ven. Onuphrius had become transformed, and he said: "God, Who is merciful to all, has sent you to me so that you might bury my body. Today I shall finish my earthly course and depart to my Christ, to live forever in eternal rest." He asked St. Paphnutius to remember him to all the brethren and to all Christians.



# THE TRINITARIAN

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**HOLY TRINITY ORTHODOX CHRISTIAN CHURCH**  
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**CHURCH WEBSITE: <http://www.holy-trin.org>**  
V. REV. ALEXANDER GARKLAVS, PASTOR

Divine Liturgy at 9:00 A.M.  
Church School Every Sunday at 10:45 A.M.  
(During the Months of September thru May)

Vespers - Every Saturday - 5:00 P.M.  
Choir Rehearsals Every Thursday at 7:30 P.M.  
Michael N. Pilat, Choir Director

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BULLETIN 32 - VOLUME LIX

TONE 7

JUNE 12, 2022

## ***EIGHTH SUNDAY OF PASCHA HOLY PENTECOST FEAST OF THE HOLY TRINITY***

*Ven. Onuphrius the Great and Ven. Peter of Mt. Athos;  
Ven. John, Andrew, Heraclemon, and Theophilus, Hermits, of Egypt;  
Ven. Arseny, Abbot of Konevits; Ven. Onuphry, Abbot of Mal'sk;  
Ven. Stephen of Komel', Abbot of Ozersk Monastery; Ven. Bassian and Jonah of Pertomsk;  
Ven. Onuphry and Auxenty of Vologdá;  
Finding of the Relics and the Second Glorification of Rt. Blv. Anna of Kashin*

“As we praise the one God in Trinity today, let us entreat the Holy Spirit to cleanse our hearts and water them like a gentle rain from heaven, that we may bring forth the fruits of faith, hope, and love.”

Jerusalem Troparion, Tone VII

“In the flesh you lived the life of the angels, you were citizens of the desert and treasuries of grace, O Onuphrius, adornment of Egypt, and Peter the light of Athos. Therefore we honor your struggles as we sing to you: Glory to Him who has strengthened you! Glory to Him who granted you a crown! Glory to Him who through you grants healing to all!”

Troparion, Tone I

TODAY'S EPISTLE: ACTS 2:1-11

TODAY'S GOSPEL: JOHN 7:37-52;8:12

### **HOLY WORSHIP THIS WEEK:**

Saturday, June 18

5:00 p.m. Great Vespers; Confessions

### **Daily Scripture Readings**

Monday, June 13  
Tuesday, June 14  
Wednesday, June 15  
Thursday, June 16  
Friday, June 17  
Saturday, June 18

Ephesians 5:9-19  
Romans 1:1-7,13-17  
Romans 1:18-27  
Romans 1:28-2:9  
Romans 2:14-29  
Romans 1:7-12

Matthew 18:10-20  
Mathew 4:25-5:13  
Matthew 5:20-26  
Matthew 5:27-32  
Matthew 5:33-41  
Matthew 5:42-48

**THIS IS A FAST-FREE WEEK.**

**JUNE:**

- 12, TODAY Pentecost Luncheon
- 17, Friday 10:00 a.m.—5:00 p.m. Diocesan Online Forum
- 19, Sunday Noon Luncheon in honor of Fr. Alexander at Woodside
- 27, Monday 11:30 a.m. St. Herman House 9th Annual Golf Classic

**THE ORTHODOX PARISH AS A VESSEL OF MINISTRY**

In order to aid parishes in developing ministry programs and training leaders in ministry, the Diocese of the Midwest is hosting a Parish Development Forum online, Friday June 17. The keynote speaker is His Grace Bishop Daniel of Santa Rosa, also the Locum Tenens of our Diocese; he will highlight the history of discipleship and ministry to the earliest Christian communities. Forum participants can select one of three tracks: 1) Living Active Ministry; 2) Education as Ministry; 3) Coordinating Ministry. The Forum will run from 10:00 a.m.-5:00 p.m. Each attendee must register in advance, and login credentials will be sent a few days before the event. Complete details are posted in the Fellowship Hall.

**HONORING FR. ALEXANDER:**

Next Sunday, June 19, there will be a retirement luncheon for Fr. Alexander at St. Michael’s Woodside, beginning at noon. The menu features your choice of Beef Tips or Champagne Chicken. Tickets are \$40, with no charge for children under 10; they are on sale today during Coffee Hour, or contact Jewelann Stefanar (216-402-8599); or Rita Bellack (330-204-9513).

**SEEKING HELP:**

The Parish Council has decided to seek someone who can function as a part-time custodian and property manager; job description and compensation would be negotiable. If interested, or if you know of someone who is interested, please speak with Council President MaryAnn Bobulsky.

**TRINITARIAN COVERS:**

The covers today are offered by the Bohurjak Family in blessed memory of Tom Bohurjak.

**ST. HERMAN HOUSE:**

The St. Herman House 9th Annual Gold Classic is Monday, June 27, at Tanglewood Club in Chagrin Falls. All proceeds benefit St. Herman House. Tee time is 11:30 a.m., and lunch and dinner are provided. The Individual Golfer donation is \$175; a Foursome is \$700. Last year more than \$75,000 was raised! To register or to support with a sponsorship, go to: [www.sainthermans.org/golf](http://www.sainthermans.org/golf)

St. Herman House is now seeking a new Local Director. Details are posted in the Fellowship Hall. For a complete job description, visit: <https://focusnorthamerica.org/about-us/careers/> Apply via email to: [finance@focusna.org](mailto:finance@focusna.org) by June 17.

**COFFEE HOUR:**

Many thanks to our fellow parishioners who faithfully host Coffee Hour for us! There is a sign-up sheet in the kitchen, with dates available from July 3 on; directions for coffee machine, etc. are provided as well.

The Lord calls all of us to union with His divine nature,  
and we ought to carefully preserve the unity of the spirit in the union of peace  
as members of Christ’s body, as members of one another.

“For we are members one of another” (Ephesians 4:24)  
*St. John of Kronstadt*

**GIFTS WE OFFER TO THE LORD WE LOVE**

|                          |             |            |
|--------------------------|-------------|------------|
|                          | 5/29        | 6/5        |
| REGULAR COLLECTION       | \$ 4,186.00 | \$2,718.00 |
| BUILDING FUND            | 395.00      | 475.00     |
| CANDLES                  |             | 100.00     |
| ROOF REPAIRS             |             | 70.00      |
| IN MEMORY OF SOPHIE LYNK | 320.00      |            |
| COFFEE HOUR              | 99.00       | 144.00     |

**JESUS CHRIST'S SIGNS OF SALVATION –**  
**THE SIGN OF THE HOLY SPIRIT**

*“The Counselor, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all that I have said to you.”*  
*(John 14:25)*

Because the Holy Spirit is the foundational blueprint of creation, the essence and existence of all organic matter, and the “life-spirit” of all living things, there cannot be any place where the Holy Spirit is not. It is therefore appropriate that on the Feast of the Holy Spirit, that is, on Pentecost Sunday, we acknowledge the eternal truth several times in the well-known prayer, saying that the “Heavenly King, the Comforter, the Spirit of Truth, is everywhere and fills all things!” It is an accepted fact of life. There is a “spiritual power” in the universe – call it an “inner order,” or a “sacred principal.” Even atheists, those who believe only in “material things,” agree that there is something like a set of “natural laws” that make “things” work. Christianity affirms that those “natural laws” are connected to the Holy Spirit of God, and through Jesus Christ that Holy Spirit comes directly into our lives. The Holy Spirit, which is “everywhere and fills all things,” is also within us. It can direct our thoughts, it can enlighten our minds, and it can change and improve our lives.

The extent to which the Holy Spirit affects life and us as individuals is beyond our ability to fully understand. The Holy Spirit is cosmic in scope, with dimensions that are diverse and limitless. Yet access to some of those dimensions is available because of Jesus Christ. As the Son of God, He has made it possible for us to know and obtain the “fruits of the Spirit, love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control” (Galatians 5:22). We are able to partake of these fruits of the Holy Spirit to the extent that we follow and implement the teachings and life of Our Lord. There is also an aspect of the Holy Spirit that is particularly valuable for humanity: the forgiveness of sins. You will recall in our discussion about the Post-Resurrection appearances of Christ that on the eve of that “first day of the week,” Jesus appeared to the disciples, breathed on them and said, “Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained” (John 20:23). Through the Descent of the Holy Spirit on Pentecost, the apostles came to the full understanding of what Our Lord meant. The Holy Spirit can purify our hearts, cleanse our consciences, and guide us to repentance, that is, to a renewed determination to follow Jesus Christ. One of the Pentecost hymns says that the Spirit, “creates a clean heart in the Apostles; the new and right Spirit comes within the hearts of the faithful.”

In these Trinitarian reflections we have been focusing on the “signs” that Jesus manifested during His life, as described in the Gospel of John. It is noteworthy that this particular Gospel contains many of the important statements about the Holy Spirit. The Evangelist recorded much of what Jesus had to say about the Spirit, as Comforter and Advocate. However, there are no direct “signs” of the Holy Spirit. That is because Jesus Christ Himself is the “Sign” of the Holy Spirit. It is through Him that the Spirit came to the Apostles, and through them it is now accessible to us in the Church.

*Fr. Alexander Garklaus*