

COMMEMORATION OF THE FOUNDING OF CONSTANTINOPLE

In 324 the holy Emperor Constantine (May 21) decided that the imperial capital had to be closer to the Eastern provinces, and yet have direct communication with the West. The city of Byzantium fulfilled these requirements, and on November 8, 324, the site of the new capital was consecrated.

Tradition tells us that the Emperor was tracing the boundaries of the city with a spear, when his courtiers became astonished by the magnitude of the new dimensions of the capital. "Lord," they asked, "how long will you keep going?"

Constantine replied, "I shall keep going until the one who walks ahead of me stops."



Then they understood that the emperor was being guided by some other divine power. There is an iconographic sketch by Rallis Kopsides showing an angel of the Lord going before Saint Constantine as he traces the new boundaries of the city.

Construction of the main buildings began in 325, and pagan monuments from Rome, Athens and other cities were used to beautify the new capital. The need for the new city is partially explained by the changing requirements of government, the Germanic invasion of the West, and commercial benefits; but the new city was also to be a Christian capital. For this, a new foundation was required.

In 330, the work had progressed to the point where it was possible for Constantine to dedicate the new capital. This took place on May 11, followed by forty days of joyous celebration. Christian Constantinople was placed under the protection of the Most Holy Theotokos, and overshadowed pagan Byzantium. St. Constantine was the first Emperor to submit voluntarily to Christ, and Constantinople became the symbol of a Christian Empire which lasted for a thousand years.

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SUNDAY OF THE PARALYTIC

HOLY TRINITY ORTHODOX CHURCH

6822 BROADVIEW ROAD

PARMA, OHIO 44134

THE TRINITARIAN

Published Weekly by the
HOLY TRINITY ORTHODOX CHRISTIAN CHURCH
6822 BROADVIEW ROAD, PARMA, OHIO 44134
CHURCH OFFICE PHONE: 216-524-4859
CHURCH WEBSITE: <http://www.holy-trin.org>
REVEREND CHRISTOPHER MOORE, PASTOR
Phone: 440-447-7704
Email: frchristopher@holy-trin.org

Divine Liturgy on Sundays at 9:00 a.m.

Vespers on Saturdays at 5:00 p.m.

BULLETIN 27 - VOLUME LXII

TONE 3

MAY 11, 2025

THIRD SUNDAY OF PASCHA

Paralytic

Holy Equal-to-the-Apostles Cyril and Methodius, First Teachers of the Slavs

Commemoration of the Founding of Constantinople;

Hieromartyr Mocius, Presbyter, of Amphipolis in Macedonia;

Ven. Sophrony, Recluse, of the Kiev Caves;

St. Joseph, Metropolitan of Astrakhan; St. Nicodemus, Archbishop of Serbia

By Your divine authority, O Lord, as You raised up the paralytic of old, so raise up my soul, paralyzed by sundry sins and unseemly acts, so that being saved I may cry: "Glory to Your power, O compassionate Christ!"
Kontakion, Tone III

Divinely wise Cyril and Methodius, equals-to-the-Apostles and teachers of the Slavs, entreat the Master of all to strengthen all nations in Orthodoxy and unity of mind, to grant peace to the world and to save our souls.

Troparion, Tone IV

The city of the Theotokos dedicates its foundation as an offering to the Theotokos. For it has been established to remain in Her, and it lives and is strengthened through Her, crying out to Her, "Hail, the hope of all the ends of the earth."

Troparion, Tone IV

TODAY'S EPISTLE: ACTS 9:32-42

TODAY'S GOSPEL: JOHN 5:1-15

HOLY WORSHIP THIS WEEK:

Saturday, May 17

5:00 p.m. Great Vespers

WELCOME GUESTS!

We are very glad you have come to worship the Holy Trinity with us this morning! Please participate in the services at your comfort level. Our greeters will kindly assist you with whatever questions or needs you may have. During each Sunday service we offer Holy Communion. If you are a practicing Orthodox Christian and have come prepared to receive Christ's Body and Blood through fasting and prayer, please come forward to partake. All guests are invited to come forward at the end of the service to greet Fr. Christopher and receive the blessed bread. Please stay after the Divine Liturgy for coffee hour in the Fellowship Hall so we can get to know you better!

Families with children: we encourage children of all ages to be present and participate as they are able during worship. We know sometimes kids need a break, so please take good advantage of our Rest and Refocus Room located on the south side of the lobby/narthex when coming in the main entrance. If you have pre-school and school age children, we invite you to send them to Church School directly after the Divine Liturgy throughout the academic year. May God bless you!

Daily Scripture Readings can be found in the St. Tikhon's Wall Calendar or at www.oca.org/readings.

*GOD'S BLESSINGS TO OUR MOTHERS, GRANDMOTHERS AND GODMOTHERS
TODAY AND ALWAYS!*

ORTHODOX CHRISTIAN CHURCH OF THE HOLY TRINITY

Bulletin 27 - Volume LXII

May 11, 2025

MAY:

- 11, TODAY Second Sunday Food Sale
 11:00 a.m. Rummage Sale organizational meeting in Fellowship Hall
- 17, Saturday Noon Eastern Orthodox Women’s Guild Luncheon
- 19, Monday 6:00 p.m. IOCC Banquet at Woodside Event Center
- 26, Monday 8:00 a.m. Grave blessings at St. Theodosius Cemetery

<p><u>SECOND SUNDAY FOOD SALE:</u> Stop by the tables in the Fellowship Hall today!</p> <p><u>ST. HERMAN HOUSE GOLF CLASSIC:</u> The annual Golf Classic to benefit St. Herman House is July 14 at Elyria Country club. Various levels of sponsorship are available. Please see the bulletin board for details. Register at www.sainthermans.org/golf An online auction is also being held. It begins Sunday, July 6 and ends Monday, July 14 at 9:00 p.m. www.32auctions.com/SaintHermans2025</p> <p><u>“SUPER SAINTS: HEROES OF OUR FAITH”</u> St. Matthew Church is offering free Bible School the week of June 2-6, for children K-5th grade; 9:00 a.m. through noon each day. Email oharmon15@gmail.com for further information or to register.</p> <p><u>COFFEE HOUR:</u> Today’s refreshments are hosted by Marilyn Cobbs and friends. Donors are needed! Sign up at the kitchen.</p>	<p><u>EOWG:</u> The Eastern Orthodox Women’s Guild will have a luncheon on Saturday, May 17, at noon. Tickets are \$15. Please see Joanne Stoyka.</p> <p><u>IOCC:</u> May 19 is the annual IOCC Banquet - 6:00 p.m. at Woodside Event Center. Your support helps families throughout the world.</p> <p><u>IOCC REBUILD IN TENNESSEE:</u> June 15-21, volunteers will be traveling to eastern Tennessee to help rebuild homes destroyed by Hurricane Helene. A group from HTOC will leave after Liturgy on June 15. Volunteers must be at least 18 years old. 16 or 17 year olds must have a guardian with them. Information is posted on the bulletin board.</p> <p><u>TRINITARIAN COVERS:</u> The covers today are offered by Stephanie McNeely in blessed memory of her parents Cornelia and Raymond.</p>
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ADOPT A ROOM AT ST. HERMAN HOUSE

Our parish has the opportunity to sponsor a resident room at St. Herman House of Hospitality. Sponsorship is \$1500 per year for three years. Funds will help provide a safe, welcoming space for a resident transitioning to stability. You are invited to contribute in \$10 increments as you see fit—one portion or many! Every bit helps. We would like to raise this year’s pledge of \$1500.

If you would like to do more than donate, you can become part of a committee to support our resident, Steven S., in more personal ways throughout the year. You can read about Steven on our bulletin board. His birthday is July 29, and his current need is a chair for his room. More importantly, Steven asks for prayers for everyone in the St. Herman community, as well as those still suffering on the streets.

- For Steven and other residents, you can help by:
- Offering a warm welcome and occasional cards or small gifts
 - Providing a welcome basket when a new resident moves in
 - Assisting with needs when a resident moves out
 - Building a simple, caring connection over time.

To donate or join the committee, please sign up after Divine Liturgy today in the Fellowship Hall.

THE GIFTS WE OFFER TO THE LORD WE LOVE

REGULAR COLLECTION, 5/4/2025	\$ 4882.00
CAPITAL CAMPAIGNS	1113.00
CANDLES	102.00
FLOWERS	20.00
COFFEE HOUR	96.00

Care Packages for College Students

Dear Brothers and Sisters,

Christ is Risen!

Since the fall of 2023, we have had the joy of providing a ministry of sending care packages to college students from our parish.

When our children go off to college, they experience a very new environment and often can find it challenging to remain connected to their faith. The purpose and mission of our care package ministry is to support our college students during their years of college education and to let them know we at Holy Trinity – both clergy and parishioners – care about them and are praying for them. The care packages allow us to send some special healthy snacks, other gifts, and a letter of encouragement from Fr. Christopher Moore and/or from parishioners of Holy Trinity.

In the 2023 fall semester and 2024 spring semester, we sent packages to 9 different students. In the 2024 fall semester, we sent packages to 8 students, and this spring semester we sent packages to 6 students. It's a blessing when we hear back from the students and their families with words and notes of gratitude after receiving the packages.

We strive to make good purchases for gifts and to manage the funds for this ministry well; and we are trying to keep the cost of each gift package around \$30, plus shipping costs. We remain thankful for all your support in this ministry and for your donations.

By God's grace, we plan for this ministry to continue, and we don't want to miss any college students connected to our parish. So please let us know if you have a college student who is studying in a 2-year, 4-year, or higher education program by early August and again by late February of each year. This will enable us to purchase the items for the care packages and mail them out so students can receive them by mid to late September and by mid March.

Thank you!

Yours in Christ,

Valerie Spoerl and Karen Sherwood

SAINT VLADIMIR'S SUMMER CAMP

St. Vladimir's Camp is located in Farmdale, Ohio. Three sessions are being offered this summer.

SESSION 1 (ages 8-12) June 29-July 5

This is a week for younger campers to learn and discover a passion for our faith. Life-long friendships form through arts & crafts, group activities, and learning sessions with the resident clergy.

SESSION 2 (ages 10-17) July 6-12

Junior Olympics week takes sports and Orthodoxy to create an activity-filled week of fun competition, team work, and comradery. Campers will learn how our faith works through sports and how Christianity and sportsmanship go hand in hand.

SESSION 3 (ages 13-17) July 13-19

Campers have meaningful discussions during learning sessions with the resident clergy and dive deep into our faith with exciting crafts & projects. Group activities, nightly campfires, and daily reflections create memories that last!

Visit: www.stvladimirscampohio.com