

**GREAT LENT CONFESSIONS:**

Fr. Chris has a sign-up sheet at his office with available times for Lenten confessions. Please select your appointment as soon as possible.

**COLLEGE CARE PACKAGES:**

Please let Valerie Spoerl know of your college student's spring address so that a Care Package can be shipped this semester. If there are any new students that we need to reach, let Valerie know. Contact Valerie at: [valspoerl@gmail.com](mailto:valspoerl@gmail.com) or 216-513-4199.

**EASTERN ORTHODOX WOMEN'S GUILD:**

The EOWG will have a Memorial Service for members fallen asleep in the Lord on March 14, 10:00 a.m., at Archangel Michael Church.

**FASTING AND BODILY HEALTH:**

At Coffee Hour on March 15, Dr. Matthew Badgett will meet with us again; the topic is "Halfway through Lent—Monitoring our Experience of Fasting and Pressing on to the Goal of Christ's Resurrection."

**LENTEN RETREATS:**

St. Paul Church in North Royalton invites all to a retreat on March 7 at 10:00 a.m. FOCUS Executive Director Steven Christoforou will speak on "The Missing Piece: Reclaiming the Importance of Service." RSVP is required; see the bulletin board for information. \$10, includes lunch.

A retreat specifically for young adults (ages 18-35) will take place at Camp Nazareth March 13-15: "Let My Prayer Arise—Encountering God through Orthodox Music." Details are on the bulletin board

**BRIGHT FRIDAY EVENT:**

The International Orthodox Christian Charities will have a Bright Week Dinner Dance this year in lieu of their Banquet; the benefit will raise funds to help Orthodox Christians around the world. This is a family-friendly event, and all are encouraged to come on April 17, 6:00 p.m., at St. Sava Church on Wallings Rd. There is a flyer on our bulletin board with details and a QR code that will enable you to register online.

**YOUNG ADULT FELLOWSHIP:**

Orthodox young adults are gathering to celebrate the Paschal season on Wednesday, April 15, 6:00 p.m. There will be a picnic at Elmwood Park in Independence. See details on the bulletin board.

**ST. GREGORY CLASSICAL ACADEMY:**

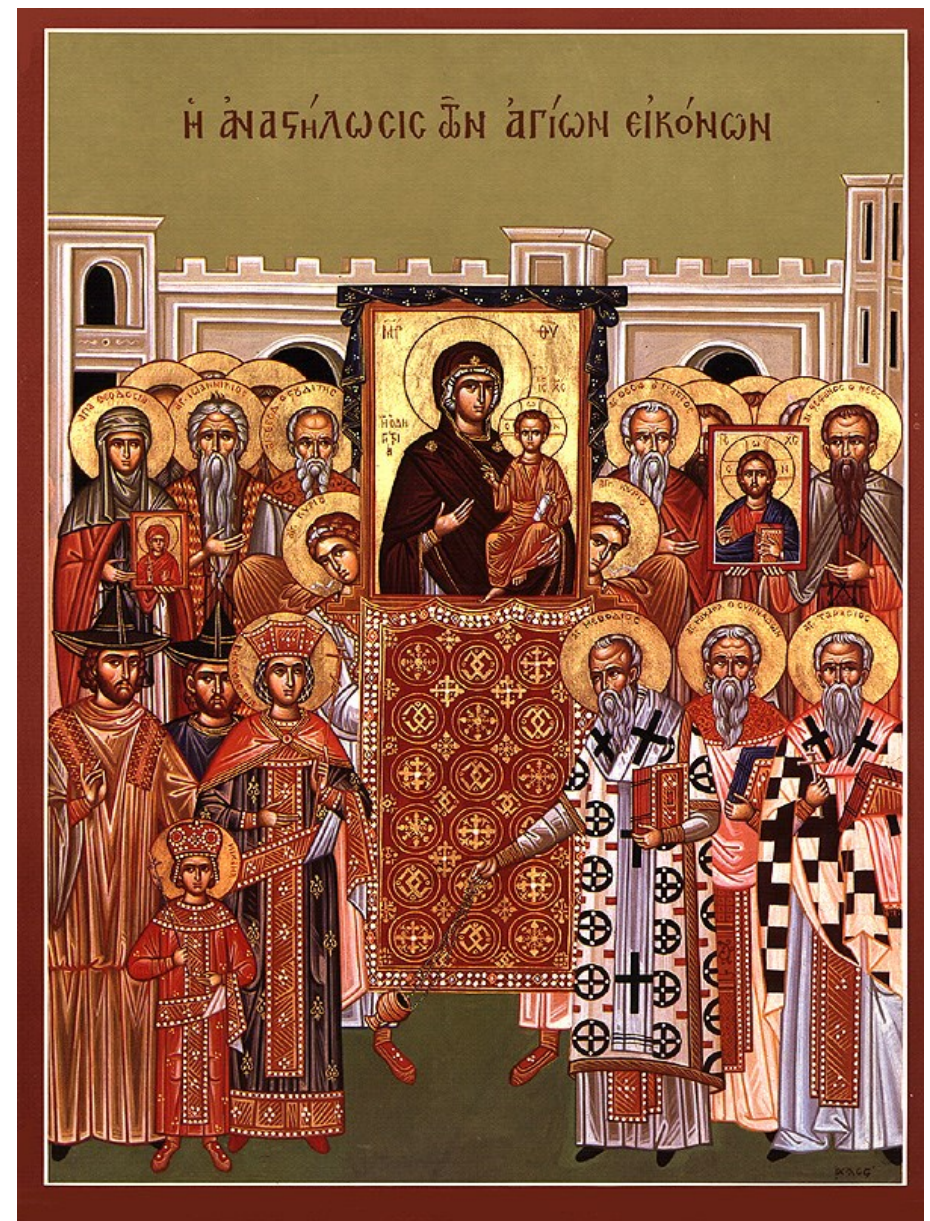
A K-8 Orthodox Christian school is forming and now accepting enrollment for the 2026-2027 school year, offering families throughout Northeast Ohio a classical Orthodox education rooted in faith, virtue, and academic excellence. Apply at [saintgregoryacademy.org](http://saintgregoryacademy.org). The school is located at 1580 Brown St. in Akron.

**TRINITARIAN COVERS:**

The covers are offered by the Stoyka Family.

**COFFEE HOUR:**

Sign up on the calendar at the kitchen to help with Coffee Hour. Help is needed on March 22, as well as throughout April.



*SUNDAY OF ORTHODOXY*

**HOLY TRINITY ORTHODOX CHURCH**  
**6822 BROADVIEW ROAD**  
**PARMA, OHIO 44134**

# THE TRINITARIAN

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Divine Liturgy on Sundays at 9:00 a.m.

Vespers on Saturdays at 5:00 p.m.

BULLETIN 17 - VOLUME LXIII

TONE 5

MARCH 1, 2026

## **FIRST SUNDAY OF GREAT LENT SUNDAY OF ORTHODOXY**

*Martyr Eudoxia of Heliopolis; Ven. Martyrii of Zelenétsk;  
Martyrs Nestor and Tribimius; Martyr Antonina of Nicæa in Bithynia;  
Martyrs Marcellus and Anthony; Virgin Domnina of Syria; Ven. Agapius of Vatopedi*

We venerate Your most pure image, O Good One, and ask forgiveness of our transgressions, O Christ God. Of Your own will You were pleased to ascend the Cross in the flesh to deliver Your creatures from bondage to the enemy. Therefore with thanksgiving we cry aloud to You: You have filled all with joy, O our Savior, by coming to save the world. Troparion, Tone II

With an upright mind you bound your soul to the love of Christ. As a disciple of the Word you turned from corruption and all that passes away, for you were not moved by earthly beauty. First you mortified the passions through fasting, then you put the enemy to shame by your suffering. Therefore, Christ has granted you a two-fold crown. Glorious Eudoxia, venerable passion bearer, entreat Christ God that our souls may be saved. Troparion, Tone VIII

The last emperor to persecute Christians was Theophilus, the spouse of St. Theodora, who reigned after her husband's death and re-established Orthodoxy. Empress Theodora proclaimed publicly that we do not kiss the Icons as a sign of worship, nor do we honor them as "gods," but as images of their prototypes. In 843, on the first Sunday of the Fast, St. Theodora and her son, Emperor Michael, venerated the Holy Icons with the clergy and the people. Since that time, this event has been commemorated every year, as it was definitively determined that we do not worship the Icon, but we honor and glorify all the Saints depicted on them. We worship only the Triune God: the Father, the Son and the Holy Spirit, and no one else, neither a Saint nor an Angel. [www.oca.org](http://www.oca.org)

TODAY'S EPISTLE: HEBREWS 11:24-26,32-12:2

TODAY'S GOSPEL: JOHN 1:43-51

### **HOLY WORSHIP THIS WEEK:**

Today, March 1	5:00 p.m. Pan-Orthodox Vespers AT St. Mary Church
Wednesday, March 4	6:00 p.m. Presanctified Liturgy
Friday, March 6	9:00 a.m. Presanctified Liturgy
Saturday, March 7	5:00 p.m. Great Vespers

### **WELCOME GUESTS!**

We are very glad you have come to worship the Holy Trinity with us this morning! Please participate in the services at your comfort level. Our greeters will kindly assist you with whatever questions or needs you may have. During each Sunday service we offer Holy Communion. If you are a practicing Orthodox Christian and have come prepared to receive Christ's Body and Blood through fasting and prayer, please come forward to partake. All guests are invited to come forward at the end of the service to greet Fr. Christopher and receive the blessed bread. Please stay after the Divine Liturgy for coffee hour in the Fellowship Hall so we can get to know you better!

Families with children: we encourage children of all ages to be present and participate as they are able during worship. We know sometimes kids need a break, so please take good advantage of our Rest and Refocus Room located on the south side of the lobby/narthex when coming in the main entrance. If you have pre-school and school age children, we invite you to send them to Church School directly after the Divine Liturgy throughout the academic year. May God bless you!